Ref No. IPSCR/2026-27/CIR141 **Date: 24/08/2026**

Dear Guardians
Jai Hind!

Sub: Free Morning Sports & Wellness Training

We are pleased to inform you that the Free Morning Sports & Wellness Training is already ongoing in the school premises. This circular is being shared to ensure that all parents and students are aware of this opportunity and can participate, if interested. The purpose of this initiative is to identify, nurture and prepare talented students for the tournaments at district level and beyond. **Students can register through the given google link by 26.8.26.**

https://forms.gle/yDD9cfgNpBxGPnMX9

This is to inform that the screening and selection of students will be conducted by the respective Sports teachers/coaches next week and only selected students will be considered for the training.

Morning Training Schedule:

Basketball **Ms. Shivani**	**Cricket –** **Mr. Rohit**	**Skating** **Ms. Namita**	**Football** **Mr. Mushir**	**Yoga** **Mr. Arun**
6:30–7:45 a.m. | Monday, Tuesday & Wednesday	6:30–7:45 a.m. | Wednesday, Thursday & Friday	7:00–7:45 a.m. | Monday to Friday	6:30–7:45 a.m. | Monday, Tuesday & Wednesday	6:30–7:45 a.m. | Wednesday, Thursday & Friday

Important Instructions:

- Students must come to school in sports attire according to the sports selected on the days allotted to their respective training.
- Students must also bring their school uniforms and change at school after the training session.
- School buses will not be provided for morning pickup.
- Parents are requested to send a healthy snack box, which students may have following the training session.

We encourage our students to make the most of this opportunity to showcase their potential, develop their sporting skills, and represent the school in future competitions.

We look forward to celebrating this special occasion with you.

With Regards

Mrs. Renu Sharma
Principal (IPS-CR)
Assistant Director – School Systems (IGS)